



Watch for
Wellness and You!
Menu Solutions...

PANOLA Dinner

Week of Monday March 1

Monday

Soup: Old Fashioned Chicken Noodle 🍅🌿
Grill: Cheeseburger w/Lettuce & Tomato on Bun
Ham & Cheese Melt
Hamburger with Lettuce & Tomato
Entree: Sweet and Sour Pork 🍅

Tuesday

Soup: American Bounty Vegetable 🌻🌿
Grill: Cheeseburger w/Lettuce & Tomato on Bun
Chili Cheese Fries
Entree: Chicken Nuggets 🌻🍅🌿

Wednesday

Soup: turkey Vegetable
Grill: Cheeseburger w/Lettuce & Tomato on Bun
Quesadilla
Entree: Enchiladas

Thursday

Soup: Chicken Tortilla 🌿
Grill: Cheeseburger w/Lettuce & Tomato on Bun
Chicken Patty
Entree: Meatball Sandwich 🌻🍅🌻🍅

Friday

Soup: Potato Soup
Grill: Corn dog
Entree: Fish Stick

